

# GET MONTHLY SSI PAYMENTS TO MEET BASIC NEEDS

You or a family member may be eligible to get **monthly Supplemental Security Income (SSI) payments.**

Open to learn more.



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Securing today and tomorrow



Important Notice About: **Supplemental Security Income**

**See if you or a family member may be eligible for monthly payments, and complete the enclosed survey so we can better help you.**



## Supplemental Security Income (SSI)

### You or a Family Member May Be Eligible for Monthly Payments

Having low income can be challenging. If you are experiencing these challenges, you or a family member may be eligible for monthly SSI payments if you meet the requirements.

See if you may be eligible and start your application at [SSA.gov/SSImailer](https://SSA.gov/SSImailer) or schedule an appointment by phone at 1-877-395-1383.

Get Up To  
**\$914 for Individuals**  
**\$1,371 for Couples**  
Per Month

### What Is SSI?

The SSI program is administered by Social Security and provides monthly payments to adults and children who have limited income and resources, and who are blind or disabled. The SSI program also provides monthly payments to people age 65 and older who have limited income and resources.

### Who Is Eligible for SSI?

#### Adults Who:

- Are age 65 and older, or blind, or have a disability.
- Have limited income (wages, pensions, etc.).
- Have limited resources (the things you own).
- Are a U.S. citizen or national of the U.S. (some noncitizens may be eligible).
- Live in one of the 50 states, the District of Columbia, or the Northern Mariana Islands. (It does not include Puerto Rico, Guam, or the United States Virgin Islands.)

#### Children Who:

- Are under age 18 and have a physical or mental condition(s) that very seriously limits their daily activities for a period of 12 months or more or may be expected to result in death.
- Live in a household with limited income (benefits based on need) and resources.

Important Note: The children of military parent(s) assigned to permanent duty outside the U.S. and certain students temporarily abroad may receive SSI payments outside the U.S.

### What Does Limited Income and Resources Mean?

To get SSI, you need to have limited income and resources. Where you live affects the amount of income you can have each month and still get SSI. Different states have different rules. In 2023, we look at the following three factors to see if you are eligible for monthly payments.

	Wages or self-employment income	Income from pensions, Social Security, gifts, etc.	Resources (things you own)
Individuals	Less than \$1,913 per month	Less than \$934 per month	Less than \$2,000 total
Couples	Less than \$2,827 per month	Less than \$1,391 per month	Less than \$3,000 total

Note: Exclusions may apply to the income and resource limits listed above. For resources, we don't count everything you own when deciding if you can get SSI. We don't count a house you own if you live in it, and we usually don't count your car. We do count cash, bank accounts, stocks, and bonds. Go to [SSA.gov/SSImailer](https://SSA.gov/SSImailer) for more detailed information.

For children who live with their parents, we also look at their income and resources to determine eligibility. Learn more at: [www.ssa.gov/ssi/text-child-ussi.htm](https://www.ssa.gov/ssi/text-child-ussi.htm)

### How SSI Can Help You

If you are eligible for SSI, you can receive monthly payments that can make a meaningful difference in your life.

Not everyone gets the same monthly amount. You may get more if you live in a state that adds money to the federal SSI payment. You may get less if you have other income like wages, pensions, or Social Security benefits.

Go to [SSA.gov/SSImailer](https://SSA.gov/SSImailer) to learn more.

## How to Apply

Go to [SSA.gov/SSImailer](https://SSA.gov/SSImailer) to learn if you might be eligible for SSI, and let us know you want to apply so we can schedule an appointment, or begin your application.

If you cannot visit [SSA.gov/SSImailer](https://SSA.gov/SSImailer), call 1-877-395-1383 to schedule an appointment to take your application by phone. (If you are deaf or hard of hearing, you may contact our TTY/TDD number 1-800-325-0778.)